Acro

This class builds strength, flexibility, precision, & balance to combine dance training with the skills of floor gymnastics.

Levels:

Acro I: 7-10yrs

Acro II: by permission only

Dress Code: Any color leotard, unitard, fitted bra top, fitted shorts or leggings.

Hair: clean and secured away from the face.

Shoes: BAREFOOT

Tap

A class of classical steps, counter rhythms, & strong tap sounds.

Levels:

Tap I - 7-9 yrs.

Tap II - 7-11yrs.

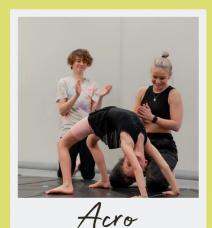
Tap III/IV - 11+

Dress Code: Any color leotard, crop top, fitted shorts or leggings.

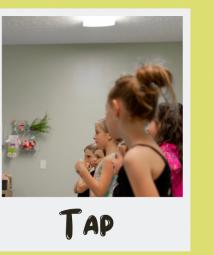
Hair: clean and secured away from the face.

Shoes: Black Lace-Up Tap Shoes

LEVEL I 7-10YRS. LEVEL II 10-16YRS. LEVEL III 12-18YRS. LEVEL IV 12-18YRS.









Hip Hop



Versatility

Hip Hop

Hip Hop is a popular, high-energy, form of dance that uses the latest music combined with popular movement & choreography

Levels:

Hip Hop I - 7-10 yrs.

Hip Hop II - 10-16yrs.

Hip Hop III - 12+

Hip Hop IV - by permission only

Dress Code: Dance or fitness clothes that students can move freely in. (NO JEANS)

Shoes: Clean Tennis Shoes

Versatility

This class explores different styles of dance such as contemporary, jazz, hip hop, musical theatre, etc.

Levels:

Versatility I - 7-10 yrs.

Versatility II/III - 10-16yrs.

Dress Code: Any color leotard, crop top, fitted shorts or leggings.

Hair: clean and secured away from the face.

Shoes: Dance Paws or Barefoot & Clean Tennis Shoes when needed